



Support Planning

Course Aims

This module outlines what support planning is and has been designed to help practitioners identify the key features of self directed support. It examines the principles that underpin support planning and how these relate to a person-centred approach. Finally it looks at support planning within the care management process including what needs to be in a support plan.

Course Objectives

- ✓ Understand the background to support planning
- ✓ What is support planning
- ✓ Recognise the key features of self-directed support and how it differs from the traditional approach to delivering social care support
- ✓ Describe the principles that underpin support planning and how these relate to a person-centred approach
- ✓ Recognise the changes in the care management process
- ✓ Identify the seven key elements of a support plan and describe the components of a successful review
- ✓ Recognise what needs to be considered before approving a support plan





Support Planning

Support planning is central to self directed support and personalisation. This module promotes person centred support whilst exploring the need to still consider the use of resources. It supports practitioners to develop their practice, deploying resources effectively through exploring the use of universal services that meet need at least cost.

As self-directed support is based on a person-centred planning approach, practitioners support individuals to determine what they would like to change in their lives. This module enables practitioners to work with individuals and identifying with the individual when their aspirations are unrealistic, unachievable, or don't sit easily or at all within the statutory remit of social care. It assists practitioners to avoid building inappropriate expectations about what social care can offer. Self-directed support and support planning provides increased opportunities for people, empowering individuals to choose how to spend their personal budgets. This is different from the professionalised approach which traditionally led assessments and the provision of services. Professional services have become risk adverse and this has restricted choices and control for individuals. The module supports practitioners to make the necessary transition in their practice.

What is support planning?
The traditional approach
 Self-directed support evolved from developments in the learningpool strategy, where the concept of person-centred planning emerged. Click on each of the headings below to learn more about which encouraged the introduction of self-directed support.

Hasna's personal budget
 Hasna's personal budget shows how Hasna is using her budget to get the support she wants. The total spent must not exceed the allocation of funds she receives.

Money in	Per week	One-off	Per year
Social services	£120		£6240
Supporting people	£5		£260
Total			£6500
Money out	£113.75		£5915
Agency support			
Lifeline intercom	£5	£102	£362
Total			£6277
Total remaining for expenses			£223
Expenses			
Internet delivery	£3.50		£182
Change			
Total available			£41

