

Reablement

Course Aims

This module explores Reablement. It examines what reablement is and the drivers behind it. It describes the key components of reablement and the positive implications of applying reablement more widely.

Course Objectives

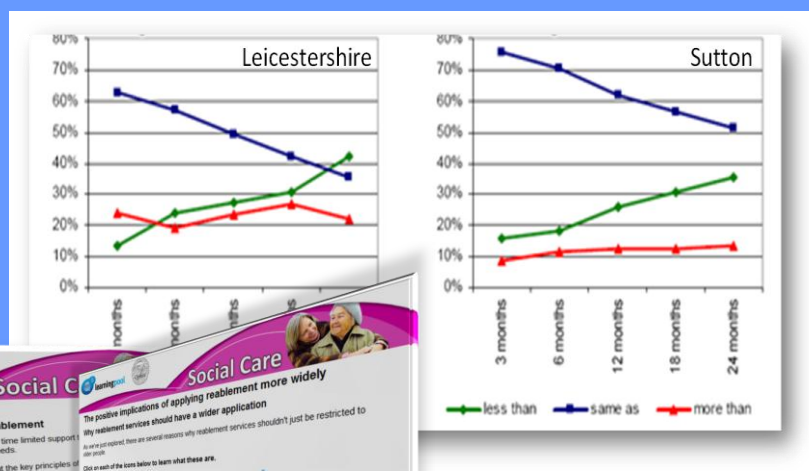
- ✓ Identifies the common principles of reablement to achieve an understanding of the aims of reablement.
- ✓ Recognise the different components of a reablement team and how the team may work with an individual
- ✓ Recognise the policy, financial and personal drivers that necessitate greater use of reablement services
- ✓ Describe the factors driving reablement services
- ✓ Understand the need to widen the application of reablement services
- ✓ Understand how reablement can be used beneficially with telecare, telehealth and equipment
- ✓ Recognise the use of reablement in a case study setting





Reablement

Practitioners need to consider reablement for individuals. Reablement has been demonstrated by the Department of Health and their Care Services Efficiency Delivery unit to contribute to the effective use of resources. As a consequence of reablement most people require none or reduced support. This has been acknowledged in the circular 'Intermediate Care – Halfway Home Updated Guidance for the NHS and Local Authorities Circular (Feb 2010)' which endorses the need for a flexible response to the length of reablement support available for anyone with a health-related need. It also states that support should be dependent upon an individual's circumstances and their capacity to improve. The report widens the access to intermediate care across the whole adult social care customer demographic. These moves would bring reablement support in line for the implementation of the 2012 Equality Bill. Alongside the cost benefits that arise from reablement, the benefit of sustaining people's independence secures better outcomes for health, wellbeing and opportunity. It also secures a collaborative gain through partnering with health. In addition it will assist in managing the demographic changes that will see the number of older people rise dramatically. This will also help to deliver a new service culture shaped to provide short focussed interventions in contrast to current expectations.



What is reablement?
What are the common principles of reablement?
 Reablement is about providing early intervention and time limited support to help an individual's long-term complex needs.
 The information on the diagram below indicates what the key principles are.

Principles

- Help people 'to do' rather than 'do to' or 'for' people
- Be outcome focused and time limited

Why reablement services should have a wider application
 As we've just reported, there are several reasons why reablement services shouldn't just be restricted to one area.
 One or each of the icons below to learn what these are.

Collaborating with adults
Win-Win
Broadening the focus

The application of reablement can go much further than just improving functional ability. It can also be used to help people with long-term health conditions. Local authorities have used existing home care teams to offer a mix of community care services to ensure some cost volume in reablement teams. However, this has led to a narrower focus for

